

# Food In Tummies Impact

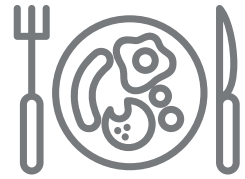
**Food In Tummies (FIT) Mission:** To educate children, parents, and the community in order to promote nutritional health and maximize student potential



For 34 weeks of the school year, Food In Tummies (FIT) provides 900 students with bags full of healthy food, along with dual-language recipe cards and nutrition tips.

**The Junior League of Austin is an organization of women whose mission is to advance women's leadership for meaningful community impact through volunteer action, collaboration, and training.**

**30,000** bags of  
food provided  
last year



**The Junior League of Austin** provided **3,600** volunteer hours over the 2022–2023 school year and conducted **34** bag distribution days at two elementary schools to serve the **students in need.**



Learn more at [jlaustin.org](http://jlaustin.org).